

Supporting Epilepsy

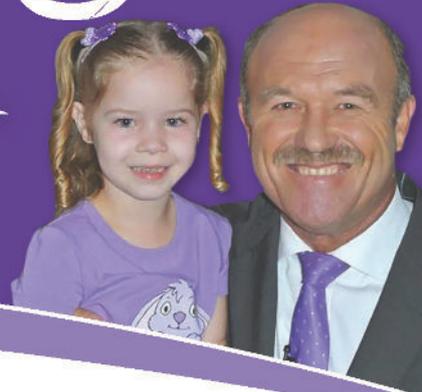
Purple Day - March 26

Around The World!

Purple Day
for epilepsy QLD

Help us

to raise funds and
awareness during
March



Become a purple day hero

Resource Pack
Primary School Learning



epilepsy
queensland | inc

Epilepsy Queensland Inc
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PO Box 1457 Coorparoo BC Q 4151
Email: purple@epilepsyqueensland.com.au

Purple Scavenger Hunt

Organise a purple scavenger hunt either in the classroom or in the playground. Even easier, have a scavenger hunt through magazines for purple things.

Purple Handprints

Mix a small amount of red liquid paint and blue liquid paint together to create purple. Let the children create hand print paintings.

Extension Draw the outline of a butterfly's body (a long oval with a smaller circle at one end). Cut out and glue or staple the handprints to each side of the body (three on each side), the fingers should point outwards. Fold a pipe cleaner in half. Curl the ends a little or wind them into balls. The folded pipe cleaner will become the butterfly's antennae. Tape or staple the bent part of the pipe cleaner to the back side of the butterfly's head. Students can decorate the wings with black crayons if they wish.



Purple Sunglasses

Make purple coloured sunglasses by cutting frames out of purple cardboard and glue matching purple cellophane over the eyeholes (if you do not have purple cellophane use red and blue and combine the colours to make purple). Then attach pipe cleaners to the sides of the frames and bend them to fit over the children's ears.



Purple Puzzles

Students draw a 'purple picture' on A3 white paper using purple crayons or textas. When their picture is finished they need to cut it into several fairly large pieces and put the pieces in a zip lock bag and write their name on the bag.

Then set out all the puzzles on a table and let students choose one (not their own) to try and piece together.



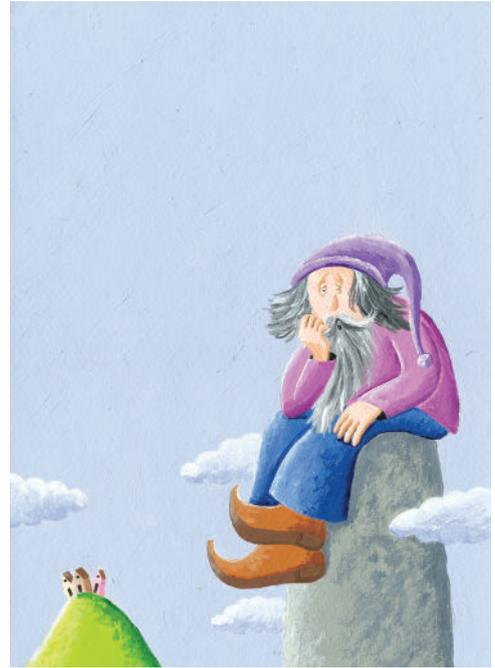
Purple Coloured Icecubes

After filling an ice cube tray with water-- add drops of red and blue food colouring in the compartments. After the cubes are frozen, place a red cube and a blue cube in a glass. As the cubes melt, watch what happens!



Purple Giant

Make a giant out of purple play dough. He must be as tall as possible and able to stand up on his own. He is wearing large, heavy boots.



Purple Eneigiser

Students stand in a circle and pass around a purple scarf (or similar object). The first student says: 'This is a purple scarf but now it is a.....' and they use their imagination to come up with an idea e.g. '...but now it is a purple hat', and they wind it around their head like a hat. It is then passed to the next student who says 'This is a purple hat but now it is.....' and they must come up with an imaginative idea and do a matching action e.g. a purple skipping rope and skip with the scarf. The scarf is passed around the circle. Every child has a turn of repeating a new idea and creating their own idea, and matching action, with the purple scarf.



Can you find the word **purple**

and the **p** words?

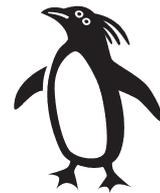
o e g g e n p r e u
x m l s d u d p n r
n o r p m q u e y t
x u t p r n d a k h
p c k a e u e d i a
p i g m n q p n h g
n s q q i i n a b d
c x h q g t y p j g
n i u g n e p s p w
i r i l x j f w p q



panda



pumpkin

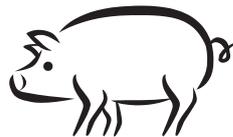


penguin

purple



purse



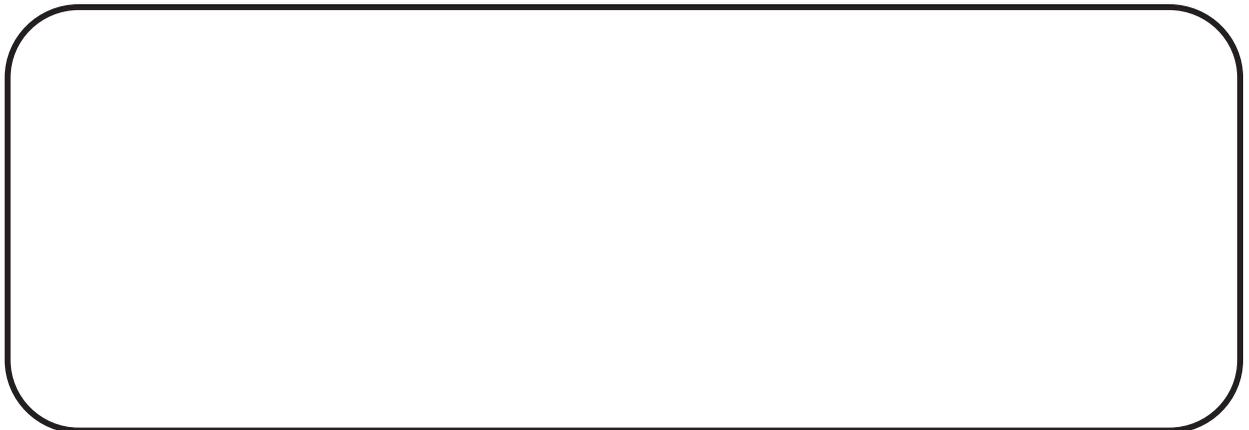
pig

Practise writing the word **purple**



Work out three (3) ways to **catch a Purple People Eater** from under your bed ***without*** using a net.

Draw pictures to help you explain.



PURPLE TILED FLOOR

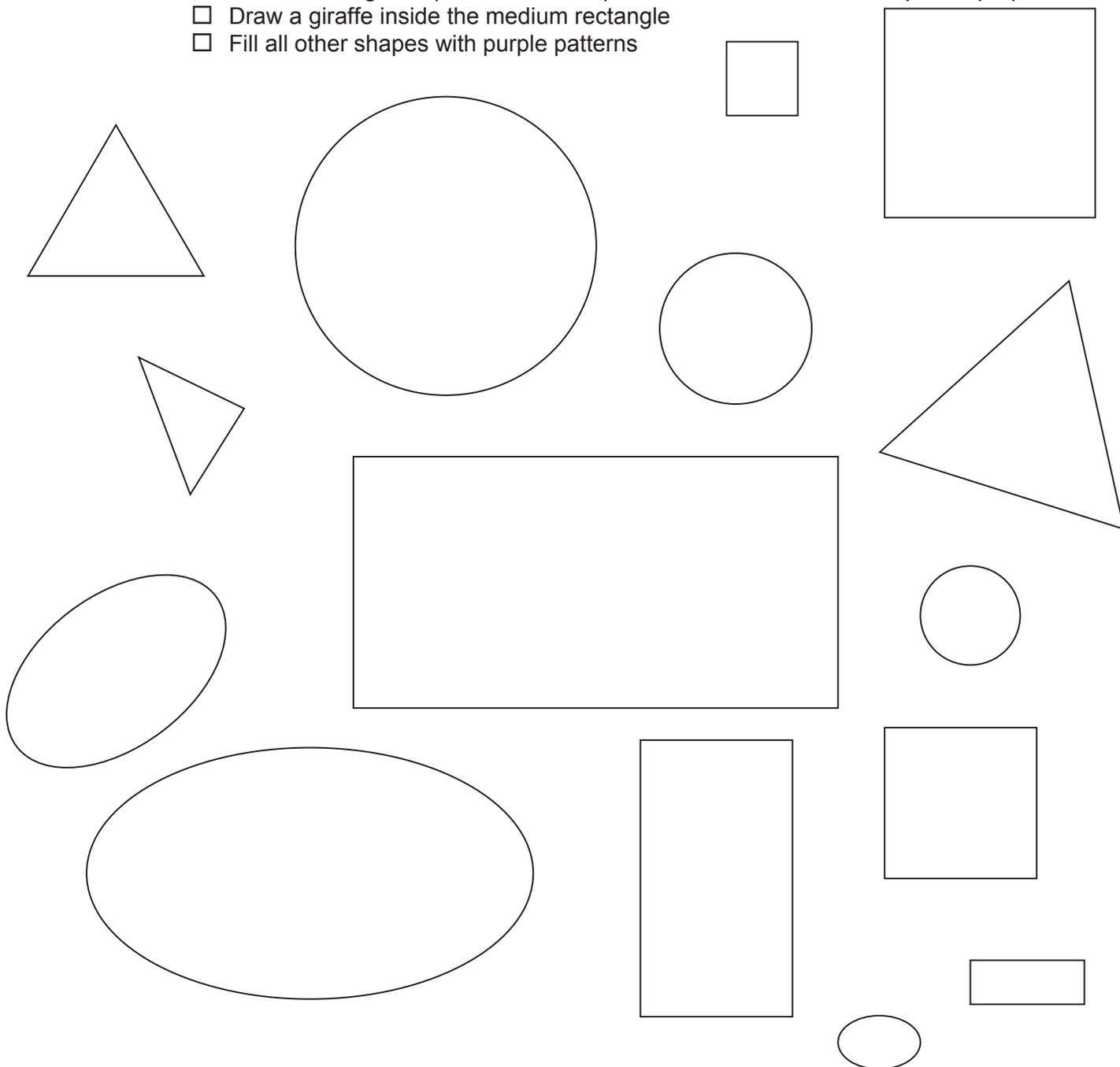
Colour some squares in each row of ten tiles purple and colour some squares in the same row in another colour.

Can you say how many purple tiles you have in each row?

How many out of each row of ten tiles are not purple?

LOTS AND LOTS OF SHAPES

- Find the medium sized oval and add spots
- Find the biggest circle and draw spikes around it
- Find the smallest rectangle and add stripes
- Find the medium sized square and draw a cat asleep in the middle
- Find the medium triangle and use it as a roof for a house
- Make the smallest oval into an eye
- Draw a smiley face in the medium circle
- Draw a picture of your classroom inside the largest rectangle
- Divide the largest square into four equal sections and colour one quarter purple
- Draw a giraffe inside the medium rectangle
- Fill all other shapes with purple patterns



Years 3 & 4 Activities

Flip Book

Create a Flip Book about a Purple Super Hero. Divide a piece of A4 cover paper into 6 or 8 equal squares and get students to draw a series of sequential pictures about their super hero in each square. Cut each square out separately and staple together in the correct order. Turn the pages quickly and it's an instant silent movie.



Create a Purple Tongue Twister or Alliteration

Use the well known tongue twister..... Peter Piper picked a peck of pickled pepper..... as a model. Students make up their own purple tongue twister. Alliteration is the use of the same consonant sounds in words that are near each other. It is the sound, not the letter that is important, therefore 'candy' and 'Cindy' do not alliterate, but 'cool' and 'kids' do. E.g. plenty of pitiful purple pigs pushed pandas.

Maths Survey

Ask students to survey their classmates on the question below, or better still come up with their own question relating to purple. Next present their data on a graph. Which is your favourite colour out of red, green, blue or purple?

Tessellations

Give students three different coloured paper squares, one purple and the other two can be their choice. Ask them to fold each one separately along the diagonals. Next, cut along the folds to produce twelve right-angled triangles. They may paste the triangles in any way they choose, onto black A3 paper, to make an interesting tessellating pattern.

Purple Rocket

Make a rocket that will travel along a thread when thrust by the release of air from a single inflated balloon. Materials: purple balloons, fishing line or string, drinking straws and masking tape.

Make Invisible Ink

Mix 2 tbsp of cornflour and 1 tbsp of water. Now, heat the mixture until the cornflour dissolves. Dip a paint brush into this mixture and write a message on a plain piece of paper. Allow the paper to get dry completely. Prepare an iodine solution. Mix iodine and water in the ratio of 1:10. Once the paper, on which the message has been written, gets completely dry, paint it with the iodine solution, using a brush or cottonball. The message will emerge in purple letters.

Purple Day Quiz

Students can complete the Purple Day Quiz individually or in pairs on a computer.



Purple Day- 26 March

Today 90,000 Queensland children and adults are living with epilepsy

But the number affected is much higher – in fact close to 400,000 Queensland children and adults are affected by epilepsy, including loved ones, friends and colleagues.

Epilepsy is a disorder of brain function that takes the form of recurring convulsive or non-convulsive seizures.

So how did Purple Day start?

In 2008, then nine-year-old Cassidy Megan told her friends about her epilepsy after a presentation in her class given by the Epilepsy Association of Nova Scotia, Canada.

That's when she came up with the idea of Purple Day - where people would wear purple to show their support for those living with epilepsy.

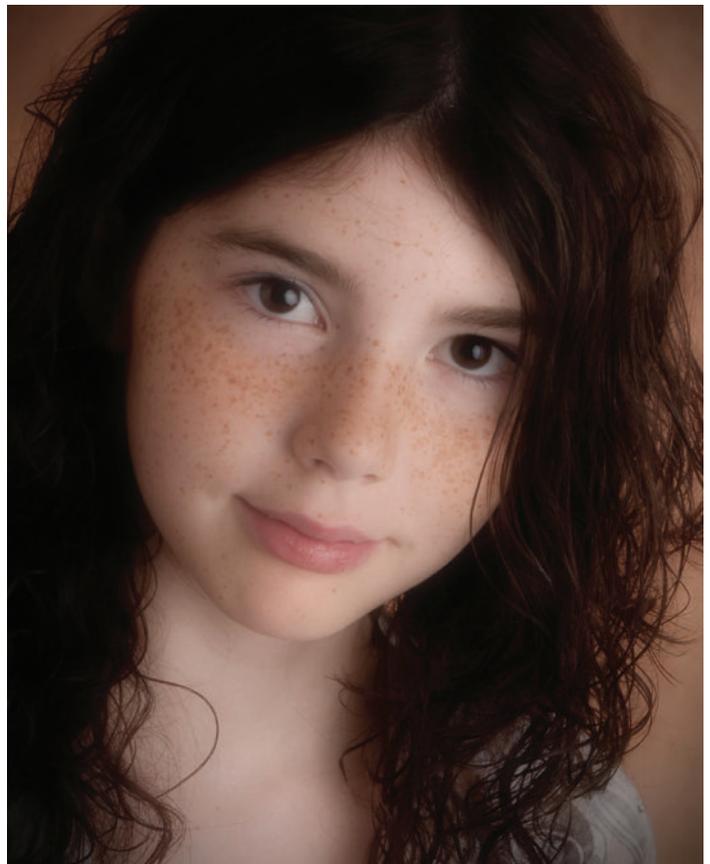
A message from Purple Day Founder Cassidy Megan

Hi, my name is Cassidy Megan and I have epilepsy. I started Purple Day because I wanted to tell everyone about epilepsy, especially that all seizures are not the same and that people with epilepsy are ordinary people just like everyone else.

I also wanted kids with epilepsy to know they are not alone.

Before I started Purple Day, I was afraid to tell people about my epilepsy. I thought they would make fun of me. After the Epilepsy Association of Nova Scotia did a presentation in my class, I started to talk with the other kids about my seizures.

That is when I decided to become a spokesperson for kids and people with epilepsy. Please join me in wearing purple on March 26 to support epilepsy awareness. Cassidy



Purple Day for Epilepsy is proudly supported by:



How many people are living with epilepsy in Queensland?

How many people are affected by epilepsy in Queensland?

Who started Purple Day?

Where is Nova Scotia?

Write down the dictionary meaning for the word seizure.

What is the difference between living with epilepsy and being affected by epilepsy?

List three countries which have purple on their national flag?

Write an Acrostic Poem to display in the classroom to support Purple Day.

or

There are 3 emblems on the bottom the page opposite that represent the organisations that are supporting Purple Day. Design your own emblem using your name to show that you also support Purple Day and people living with epilepsy.

Purple Day Thinking Years 3 & 4 Activities

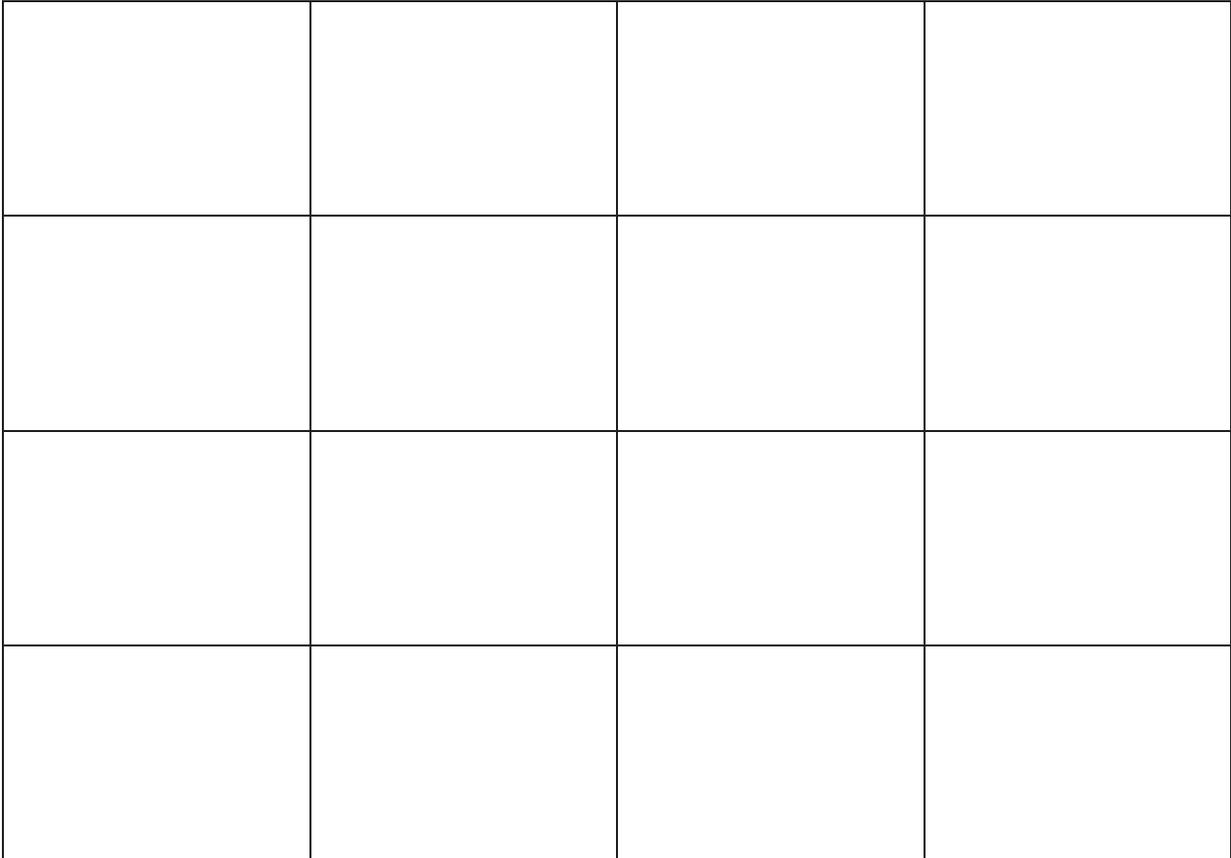
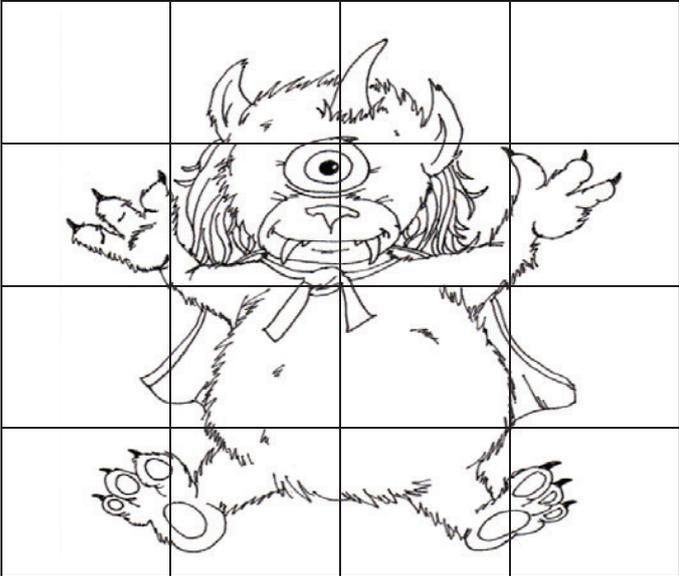
<p>The Reverse</p> <p>List 10 things that could never be purple.</p>	<p>The What If?</p> <p>What if the lenses on all glasses were purple?</p>	<p>The Construction</p> <p>Construct your own purple mobile phone using an A4 piece of purple paper and 15 centimetres of sticky tape.</p>	<p>This Disadvantages</p> <p>List the disadvantages of having purple hair.</p>	<p>The Alphabet</p> <p>List A-Z words associated with the colour purple. Use phrases, not one word.</p>
<p>The Interpretations</p> <p>The Purple People Eater becomes a vegetarian. Give 5 explanations for this.</p>	<p>The Bar</p> <p>A purple car Make it Bigger. Add something to it. Replace something on it. Draw a picture of your car and label it.</p>	<p>Variations</p> <p>How many different ways could you wear a pair of purple socks?</p>	<p>The Picture</p> <p>What could this picture have to do with Purple Day?</p>	<p>The Different Uses</p> <p>List 10 different uses for a purple ribbon.</p>
<p>The Ridiculous</p> <p>All students with purple hair must be served first at the canteen. Write some points to support this statement.</p>	<p>The Commonality</p> <p>Draw a diagram to show the things that are the same when you compare a purple gel pen and a purple pansy.</p>	<p>The Question</p> <p>The answer is purple. What are 5 possible questions?</p>	<p>The Brainstorming</p> <p>Brainstorm as many things as you can that you could include in a Purple Scavenger Hunt in a shopping centre.</p>	<p>The Inventions</p> <p>Design an outfit for your Purple Hero to wear. List 3 traits that make him or her a hero.</p>

PURPLE PEOPLE EATER MATHS TASK

Copy each square of the illustration onto the larger grid below to enlarge the Purple People Eater.

Materials Required

- Rulers
- Pencil
- Eraser

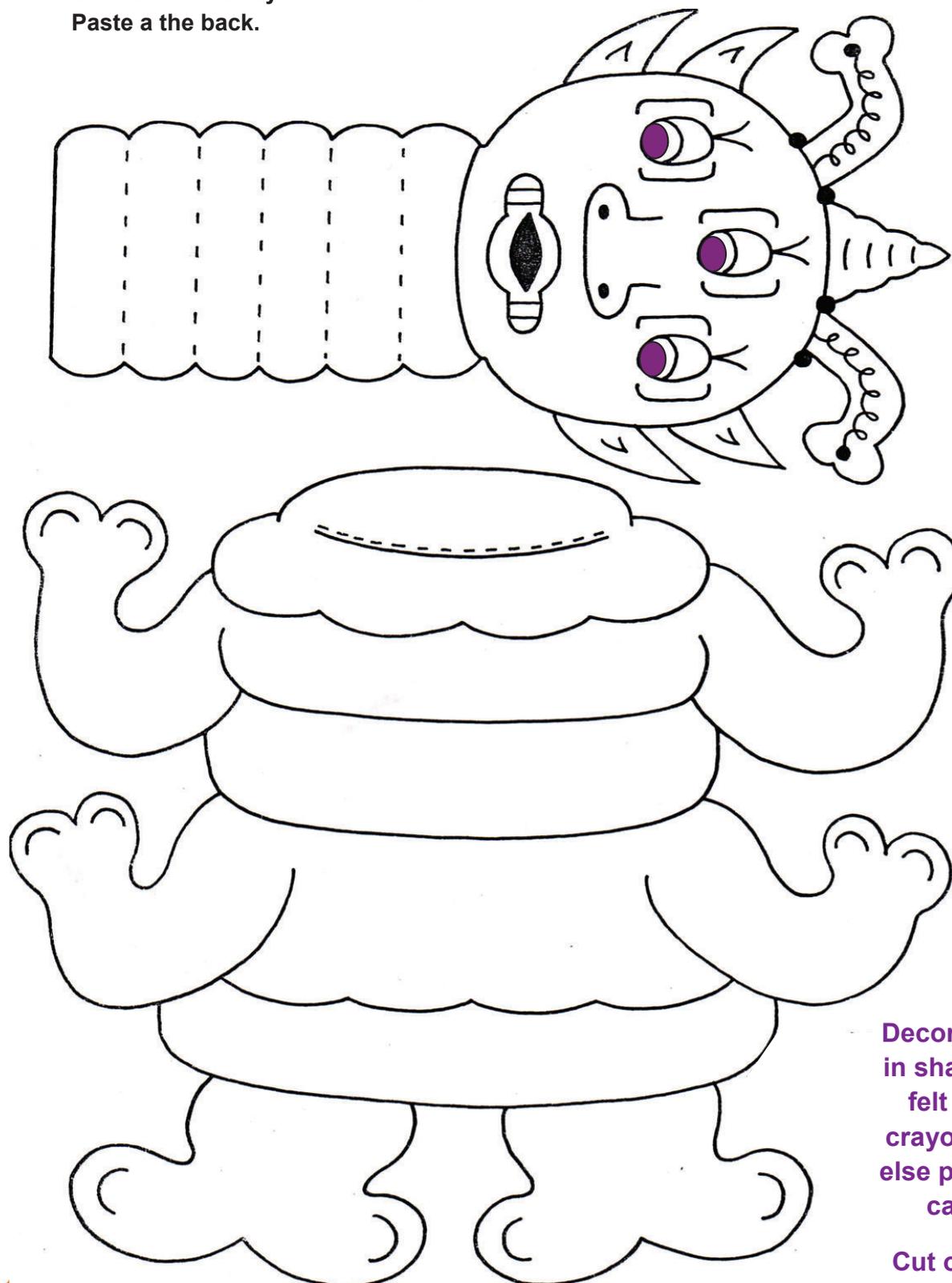


Purple Day Thinking Years 5,6 & 7 Activities

<p>The Reverse</p> <p>List 10 things that would never happen if oceans were purple.</p>	<p>The What If?</p> <p>What if there was unlimited money for research into epilepsy?</p>	<p>The Disadvantages</p> <p>What are some of the disadvantages of having the colour purple associated with epilepsy?</p>	<p>This Combination</p> <p>Create a new object by combining the attributes of a purple balloon and grape juice?</p>	<p>The Alphabet</p> <p>List A-Z words associated with epilepsy. Use phrases not one word.</p>
<p>The Interpretations</p> <p>Purple is used to represent epilepsy. Provide 6 possible reasons for this.</p>	<p>The Bar</p> <p>A purple mobile phone. Bigger. Add something to it. Replace something on it. Draw a diagram, label it and explain your changes.</p>	<p>Variations</p> <p>There are many different shades of purple. List as many as you can.</p>	<p>The Picture</p> <p>What could this picture have to do with Purple Day?</p>	<p>The Brick Wall</p> <p>Some people with epilepsy find it difficult to get a job. What are some things these people could do to improve their chances?</p>
<p>The Ridiculous</p> <p>The Prime Minister must wear a purple suit whenever he appears on TV. Write a paragraph that supports this proposal.</p>	<p>The Commonality</p> <p>Use a graphic organiser to show the commonalities between Purple Day and another special event your school supports.</p>	<p>The Question</p> <p>The answer is the brain. What are 6 possible questions?</p>	<p>The Brainstorming</p> <p>Brainstorm 10 innovative ways of helping raise people's awareness of epilepsy.</p>	<p>The Inventions</p> <p>Design a new logo for Purple Day to help support people with epilepsy.</p>

Purple Alien

Concertina fold neck. Cut along dotted line in body. Insert neck. Paste a the back.



Decorate your alien in shades of purple felt pen, pencil, crayon or anything else purple that you can think of.

Cut out your alien and hang in the classroom.

Purple People Search

Try to find someone in the group who matches each statement below.
Ask them to sign their name next to the statement that matches them.

Prefers pizza to icecream-----

Understands what epilepsy is

Reads each night before going to sleep

Packs their own lunch each day

Likes doing jigsaw puzzles

Eats all vegetables

Plays more than one hour a day on Wii

Exercises each day

Often goes to the movies

Puts scrap paper in the recycling bin always

Learns better by doing things rather than listening

Enjoys maths



THINGS THAT CAN BE PURPLE WORDSEARCH

v d j p w i i o u i b g d z b f o z e i
 u l z t n h m m z k b c i f a w e n i a
 k e b a s l x x b v s s v n l w x p h l
 n o b o v v u v b l l r d i l o n a c h
 b m b h m a f q c r k s c k o o w p n c
 x d u q t n g p u c a r d p o l s e u u
 w s x s v u f l x x d i s a n g e r r c
 o c v e k g j w v q v q z n e a t t c s
 j c z y i u c g a g l a n o b b i r s f
 h n y c m x m t w t g r s w b d h x e c
 x b t i c w i t p q n e w e k n v a i k
 m b l y r f b a b v p p l n o a t h t k
 e f y o t p y l q a t m h p h h u m r s
 w k d m z x f s r a u u s u e x s f a h
 f j x c e k a g h j y j i r s n c u m z
 j s r k e e m n u z s e s p u s v z s l
 x c a d v o g a w s c n f l b o x j k d
 z j p j h v i z h o i p s e p c l m k o
 f e e e y s o e a m m d c p d k f o b q
 u c a z e f c q x f r k j q k s h o c w

balloon
 beads
 box
 car
 card

grapes
 handbag
 hats
 jumper
 napkin

paper
 purple
 ribbon
 scrunchie
 shoes

smarties
 socks
 vase
 violets
 wool

Find the dictionary meanings for the following words and write the meanings next to each word.

understand _____

seizure _____

awareness _____

stigma _____

Years 5,6 & 7 Activities

KWLH: The K-W-L-H technique is a good method to help students activate prior knowledge about epilepsy.

Create a Flip Book about a Purple Super Hero. Divide a piece of A4 cover paper into 6 or 8 equal squares and get students to draw a series of sequential pictures about their super hero in each square. Cut each square out separately and staple together in the correct order. Turn the pages quickly and it's an instant silent movie.

K

W

L

H

What I know about epilepsy.	What I want to know about epilepsy.	What I have learnt about epilepsy.	How can I learn more about epilepsy?
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Cinquain Purple Poetry

Cinquain poems have 5 lines

Line 1: 1 word title (noun) Line 2: 2 descriptive words (adjectives) Line 3 : 3 words that express action Line 4: 4 words that express feeling Line 5: 1 word: synonym or reference to word title.

Examples can be found on the site listed -

<http://members.optushome.com.au/kazoom/poetry/cinquain.html>

Proverbs:

List and explain the meanings of all proverbs involving colour. E.g. All that glitters is not gold..... Make up purple proverbs.

Create a Wordsearch

Students create their own wordsearch or crossword related to Purple Day and epilepsy. Give to a partner to solve when completed.

Design a Spinner

In pairs, each student designs their own spinner using the colours purple, red and green in different proportions, without showing the spinner to their working partner. In turn, students ask their partner to predict how many times the colour purple will be spun, if the spinner is spun 10 times. Spin the spinner 10 times and record the result. The partner now draws the spinner they think their partner has designed. Switch roles so each student gets a turn at spinning and predicting.

Mirror Image Words

Fold a sheet of drawing paper in half lengthways. Students write the word purple on the fold of the paper in block or bubble letters. They need to ensure the letters are joined and are slightly above the fold line. Cut out the outline of the word. When you unfold the paper you now have a mirror image of the word. Students can decorate and hang these around the room.

Design a bookmark:

Students design a bookmark that would be suitable to sell as a merchandise item for Purple Day, to raise money for Epilepsy Awareness.

Research Questions

Which countries have purple on their flag? Uluru can look purple in the afternoon. Why?
Are purple fruit and vegetables a healthy option? Why/Why not?

Grow Purple Crystals

<http://chemistry.about.com/od/growingcrystals/ht/purplecrystal.htm>

Purple Day Quiz

Students can complete the Purple Day Quiz individually or in pairs on a computer.

Become a Purple Day Hero on 26 March 2011 and help spread the word about epilepsy.

Today 90,000 Queensland children and adults are living with epilepsy

But the number affected is much higher – in fact close to 400,000 Queensland children and adults are affected by epilepsy, including loved ones, friends and colleagues.

Epilepsy is a disorder of brain function that takes the form of recurring convulsive or non-convulsive seizures. Epilepsy is not just one condition but a diverse family of disorders comprising many seizure types.

Epilepsy can impact on every aspect of people's lives and the lives of their families and carers. Often, people find themselves unable to obtain an education, unable to be employed or face limited employment prospects, experience social isolation, loss of enjoyment or participation in everyday life, deal with relationship problems and, potentially, chronic depression.

Epilepsy is a silent problem – the social stigma, coupled with the emotional and physical trauma, means that many people living with epilepsy suffer in silence, often for years. Many avoid revealing they have epilepsy to their employer, their friends, even their loved ones, for fear of rejection, loss of acceptance or opportunity, or of being shunned.

These are very real fears, as stigma and ignorance still exist today.

There is a way you can show your support for people living with epilepsy

And that is by becoming a Purple Day Hero. When you 'Go Purple' you help to not only spread awareness but to also reduce the stigma still associated with this disorder. You also help us to raise additional funds so that we can continue to provide much-needed services.

Purple Day is a grassroots effort dedicated to increasing awareness about epilepsy worldwide.

On 26 March people from around Australia and the world are asked to go purple and spread the word about epilepsy.

Epilepsy Australia, the national coalition of state based epilepsy organisations, is the official Australian partner of Purple Day. It is committed to making Purple Day even bigger.

Epilepsy Queensland is proud to promote Purple Day in the lead up and on 26 March here in Queensland.

As a Purple Day Hero you make a stand for people living with epilepsy. You help spread the word that epilepsy is not a stigma but a health problem, and that people living with epilepsy deserve to be treated with respect and empathy.

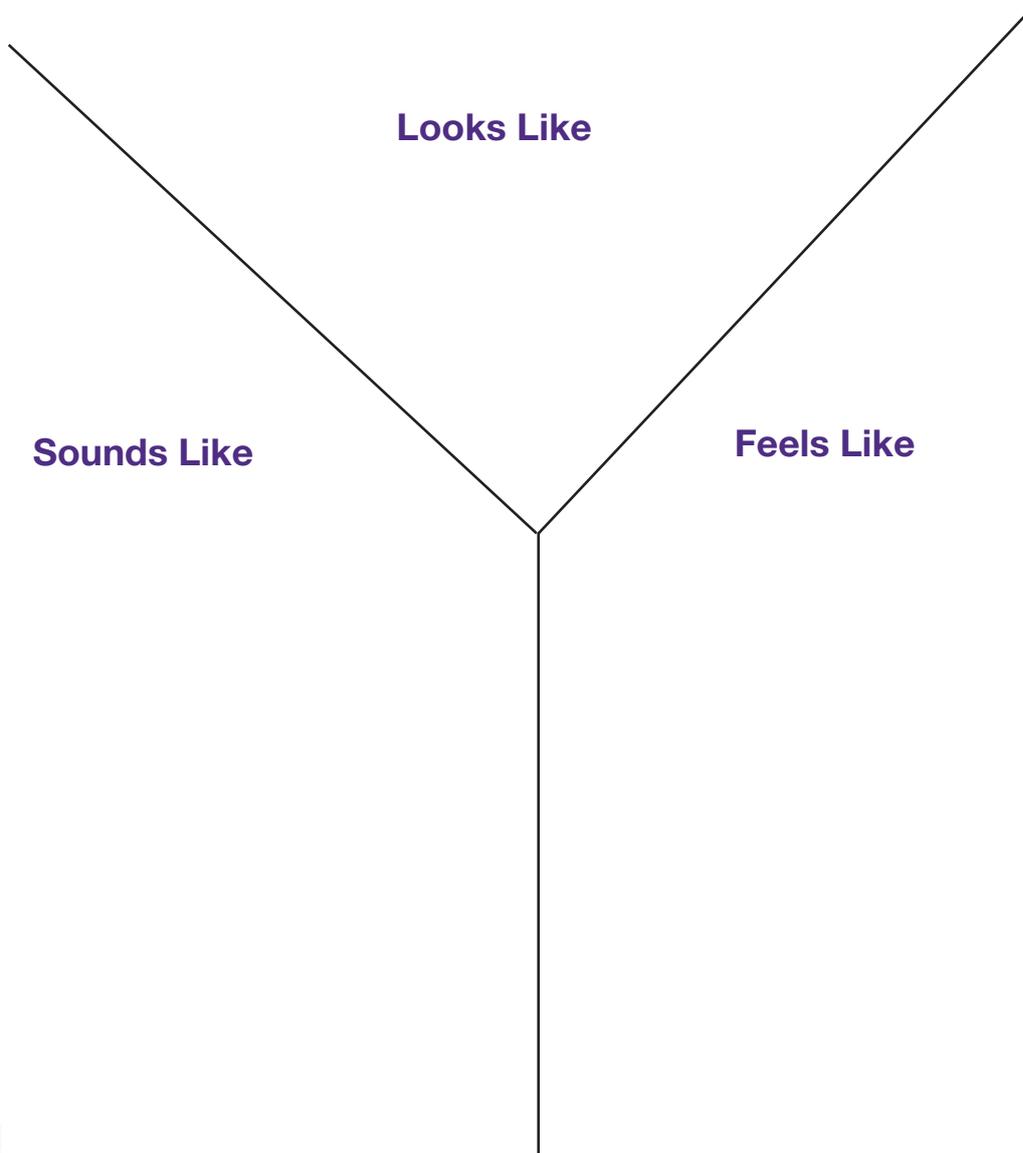
Habits of Mind

Means

- Understanding ————— Knowing what others are going through
 - Listening ————— Helping others by knowing how they feel
 - Eye Contact ————— Listening to what others have to say
- Don't talk, listen

90,000 Queenslanders are living with Epilepsy.

Discuss this fact and jot key points on the Y-Chart below in regard to Listening with Empathy.



Become a Purple Day Hero Three Level Guide

Read the text and then look at the following statements.

Tick the box if you agree with the statement, cross if you disagree.

Level 1 Literal Statements (The author said it)

Does the text say this? What words support your answer? Highlight these words in the article. Choose one colour to highlight your text.

1. Epilepsy is a disorder that occurs in the brain.
2. People with Epilepsy have no problem finding employment.
3. Purple Day has been held in Queensland for the past several years.
4. Australia is the only country supporting Purple Day.

Level 2 Inferential Statements (The author meant it)

Does the text give you this idea? What words or phrases support your answer? Remember to use a different colour to highlight text for these questions.

1. Epilepsy can be a complicated medical condition.
2. There is a lot of misinformation about Epilepsy in society.
3. Epilepsy Australia is the only organisation involved with Purple Day.
4. Purple Day is all about raising money to help people with Epilepsy.

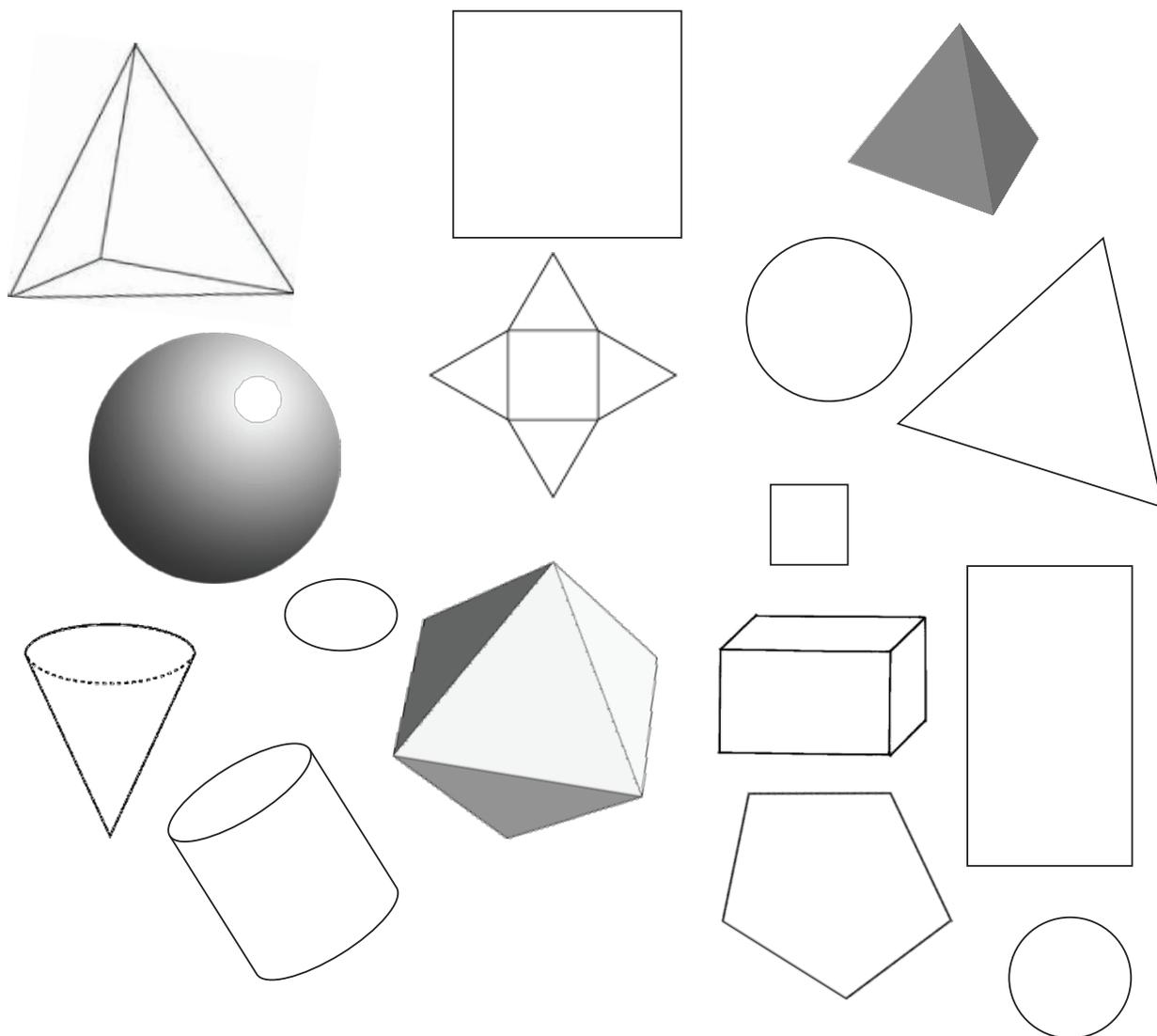
Level 3 Reflective Statements (What do you think?)

Do you agree with this? Why / Why not? Be prepared to share your reasons

1. Students with Epilepsy would feel anxious going on a camp.
2. Only students who have Epilepsy need to learn about it.

Shapes Galore

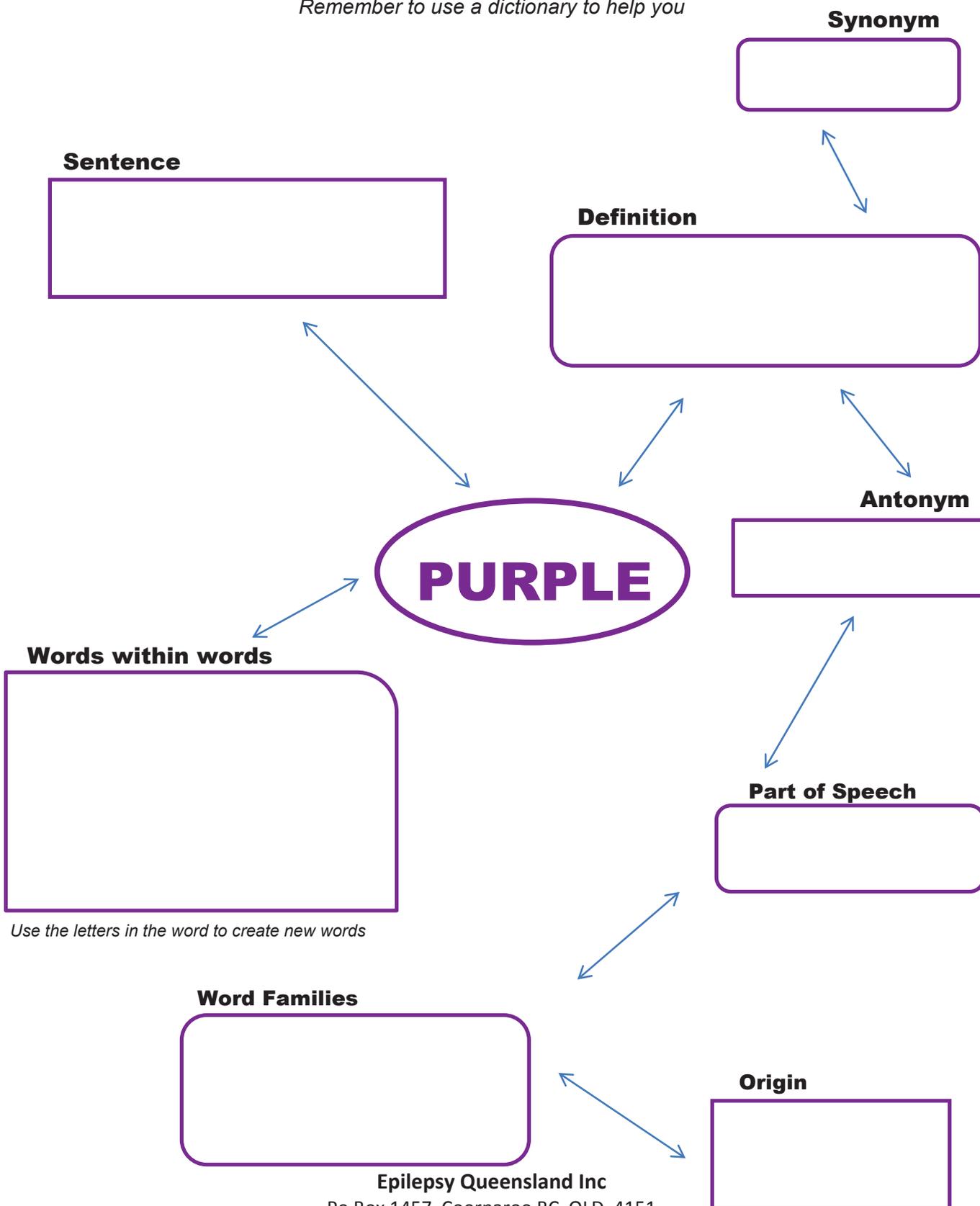
- Add spots to the shape with one face.
- Find the large tetrahedron and draw a star on top.
- Find the net of the pentahedron and add stripes on the four-sided face.
- Draw a cat asleep on top of the cuboid.
- Find the small tetrahedron and use it as a roof for a house.
- Make the oval into an eye.
- Draw a smiley face in the larger circle.
- Turn the octahedron into a spaceship.
- Draw icecream on top of the cone.
- Draw a giraffe inside the rectangle.
- Divide the larger square into four equal sections and colour one quarter purple.
- Make a food label to go on the cylinder.
- Fill all other shapes with the word PURPLE written in creative ways.





Word WEB

Complete as much information as you can on the word **Purple**
Remember to use a dictionary to help you



Use the letters in the word to create new words