



# A Message from Poss

## Christmas 2019

Hi to all my friends!

It's school holiday time! Not everyone likes the holidays, some of us like to stay at school because we will miss our friends. Which do you like? Holidays or will you miss your friends too?

I think I like holidays, because I will visit with most of my friends over the holidays.

Miss Red Roo has closed up the school now and has gone to see her family in Toowoomba. I hope she has a good holiday.

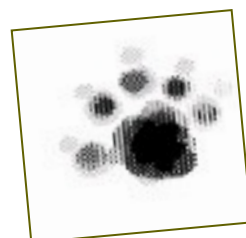
I will be catching up with my friends Ruby Rosella, Kerry Koala and maybe even Eddie Emu. I will definitely be seeing my very old friend Katie the Black Cockatoo. We haven't seen each other in a very long time, so I am excited.

Wally Wombat and Gertie Goanna are visiting their cousins in Longreach so I might not get to see them this time, but I will be thinking of them. It will be very hot in Longreach at Christmas time. I hope they stay cool!

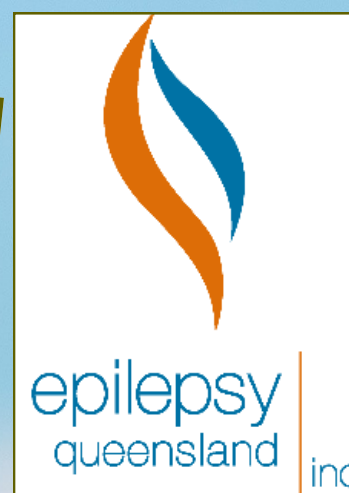
Please have a safe and wonderful Christmas holiday, no matter what you do. Don't forget to take your medication, get some good sleep and stay cool! Maybe have a swim with a grown-up and go see a movie.

Your friend,

*Little Poss*



P.S. I hope Santa finds you and leaves you something good!



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### What's coming up!

Epilepsy training at:

- ◆ Woolloongabba - Jan 16
- ◆ Gold Coast - Mar 11

# Merry Christmas





# **‘Spotlight On’**

## **Little Poss ‘Member’**

### **Katie**

Hello,

My name is Katie and I am a yellow tail black cockatoo. I have a yellow cheek, a yellow tail and my feathers are very black and glossy. I like to hide away, high in the gum trees, and I like to eat delicious gumnuts & pinecones, grubs & seeds too, and I 'caw' very loudly. Sometimes Little Poss can climb as high as me, but not that often!

I am a friend of Little Poss and we get together every Christmas to see each other. Sometimes Ruby Rosella joins us and it's very exciting if Kerry Koala comes too. We really like hanging around in trees and having fun together over the holidays.

Bye for now!







# Ask Dr Dudley

**Dear Dr. Dudley,**

**What happens to my brain when I have a seizure?**

**Sophia**



**Dear Sophia,**

Your brain is very important for everything you do. Inside your brain there are lots of tiny brain cells called neurons. These neurons talk to each other and send messages to every part of your body. When you want to throw a ball, the neurons in your brain send messages to your arms to tell them to throw the ball. When you want to jump, the neurons in your brain send messages to your legs to tell them to jump.

If you have epilepsy, the neurons in your brain get over-excited and mix up the messages they send to your body. This means that the different parts of your body get a little confused for a while and you have a seizure.

It doesn't take long for your neurons to settle down. Once they have, the messages go back to normal and the seizure stops. All sorts of people have epilepsy. Special medication can make sure the neurons in your brain don't get too excited.

Hope this is helpful Sophia.

**Dr. Dudley**



Name	Suburb	Name	Suburb
Bailey	Wurtulla	Samuel	Currimundi
Elena	Mundubbera	Tahliya	Caloundra
Jordan	Heatherton	Ollie	Deagon
Chloe	Coorparoo	William	Clayfield
Jett	Murrarie	Zali	Kuranda
Lili	Albion	Zach	Whitfield
William	Eatons Hill	Ryan	Aramac
Keteisha	Upper Kedron	Mikayla	Springsure
Lachlan	Upper Caboolture	Dayna	Emerald
Charlize	Samford	Kane	Foreshores
Leslie	Kingston	Charlotte	Nanango
Alexandrea	Cleveland	Paige	Kingaroy
Angeline	Thornlands	Hayden	Roma
Cohwen	Mount Cotton	Benjamin	Dalby
Khyan	Victoria Point	Michael	Centenary Heights
Joseph	Moorooka	Andrew	Kents Lagoon
Connor	Salisbury	Yasmin	Pottsville
Adam	Regents Park	Jacob	Maudsland
Dallas	Jimboomba	Michael	Oxenford
Darnell	Springfield	Amelia	Tallai
Charlie	Silkwood	Esme	Ashmore





Name	Suburb	Name	Suburb
Lincoln	Wondunna	Luke	Dalby
Isabell	Wondonga	Ebony	Tara
Mollie	Wavell Heights	Kai	Alexandra
Charlotte	Warner	Mark	Bluewater
Osker	Strathpine	Samantha	Mount Sheridan
Raymond	Petrie	Madison	Withcott
Jack	Stafford	Zaria	Varsity Lakes
Keanu	Everton Park	Sylvie	Ashmore
Joshua	Chapel Hill	Brendan	Nerang
Mahli	Bellbowrie	Samuel	Tween Heads South
Audrey	Wishart	Hannah	Salisbury
Claver	Loganlea	Ella	Sherwood
Felicity	Carina	New	Corinda
Saxon	Alexandra Hills	Liarnah	Thornlands

Send us your birthday interview by Little Poss!

What is your name?.....How old are you?.....

What is your favourite thing to do?.....

What do you want to be when you grow up?.....

What is your favourite food?.....

Who do you like to spend time with?.....

What do you do really well?.....

What makes you laugh?.....

What are you afraid of?.....

Where do you like to go?.....

What is your favourite book?.....

If you had one wish what would it be?.....

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Name	Suburb	Name	Suburb
Chloe	SPRINGFIELD LAKES	Jackson	BUDERIM
Emjay	PARKINSON	Hannah	MIDDLE PARK
Allysa	SUNNYBANK HILLS	Mason	BURLEIGH WATERS
Lachlan	SUNNYBANK HILLS	Natalie	REDLYNCH
Regan	SLACKS CREEK	Bridie	AVOCA
Meadow	MAUDSLAND	Riley	UPPER KEDRON
Dustyn	COLLINGWOOD PARK	Roy	WARANA
Bonnie	KIPPA-RING	Jordan	WAKERLEY
Jasmine	TOWNSVILLE	Cienna	WARWICK
Emilee	SOUTH LISMORE	Emerson	KARANA DOWNS
Lucy	MOOROOKA	Jorge	JIMBOOMBA
Luke	MORAYFIELD	Tayla	ORMEAU
Faith	ELIMBAH	Sebastian	FERNY HILLS
Jayden	BORONIA HEIGHTS	Josef	THORNLANDS
Amy	ALBANY CREEK	Mathew	REDLAND BAY
Gabby	BROOKSTEAD	Jasmine	COOLUM BEACH
Nicholas	WANDOAN	Jasmine	TOLGA
Cohen	STRATHPINE	Archie	GRIFFIN
Leon	FERNY HILLS	Daniel	GRACEMERE
Ethan	GARBUTT	Henry	MCDOWALL
Declan	GLENVALE	Ben	URANGAN
Kiara	KANIMBLA	Ainsley	HIGHLAND PARK
Rachael	FRESHWATER	Skyla	YEPPOON
Sean	CURRIMUNDI	Audrey	MOUNT GRAVATT EAST
Alex	COORPAROO	Nate	NORTH LAKES
Lucah	FIG TREE POCKET	Taleah	AUGATHELLA



# Find the Differences

Can you find 10 differences between these pictures?



# Puzzle Time

## Find The Hidden Objects



It's time to have fun!

Can you find all the hidden items?



## Christmas Carol Picture Puzzle

Each numbered box contains pictures that are clues to its title. Write the number next to the carol it matches.

### Merry Christmas

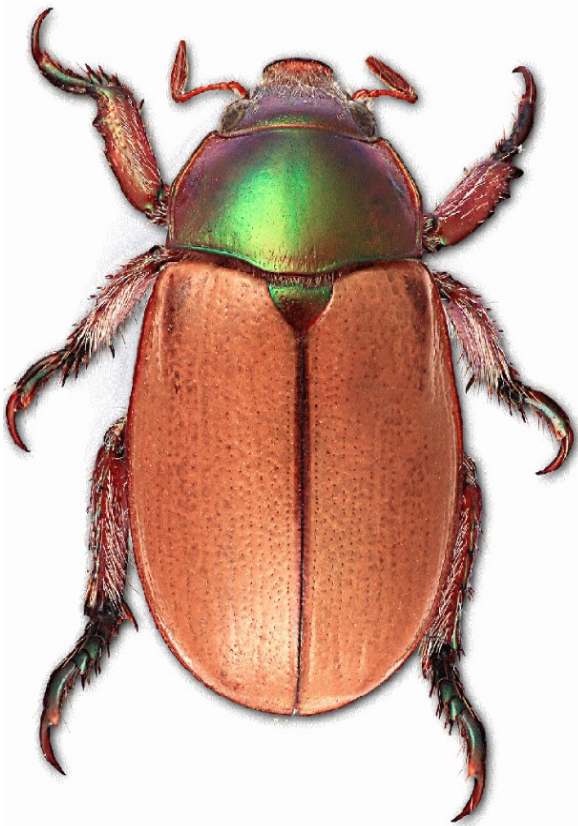
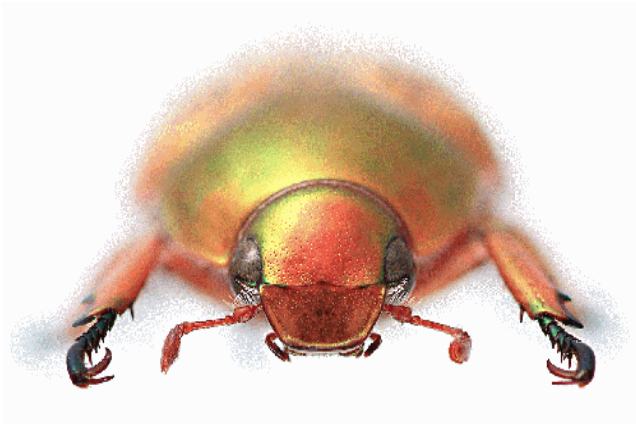
- |                                  |                           |                                        |
|----------------------------------|---------------------------|----------------------------------------|
| ___ Angels We Have Heard on High | ___ O Holy Night          | ___ I Heard the Bells on Christmas Day |
| ___ Caroling of the Bells        | ___ Little Drummer Boy    | ___ Do You Hear What I Hear?           |
| ___ Away in a Manger             | ___ Silent Night          | ___ I Saw Three Ships                  |
| ___ While Shepherds Watched      | ___ Mary, Did You Know?   | ___ Go Tell It on the Mountain         |
| ___ Joy to the World             | ___ What Child is This?   | ___ Hark the Herald Angels Sing        |
| ___ O Little Town of Bethlehem   | ___ The Holly and the Ivy | ___ We Three Kings of Orient Are       |

1	7	13
2	8	14
3	9	15
4	10	16
5	11	17
6	12	18

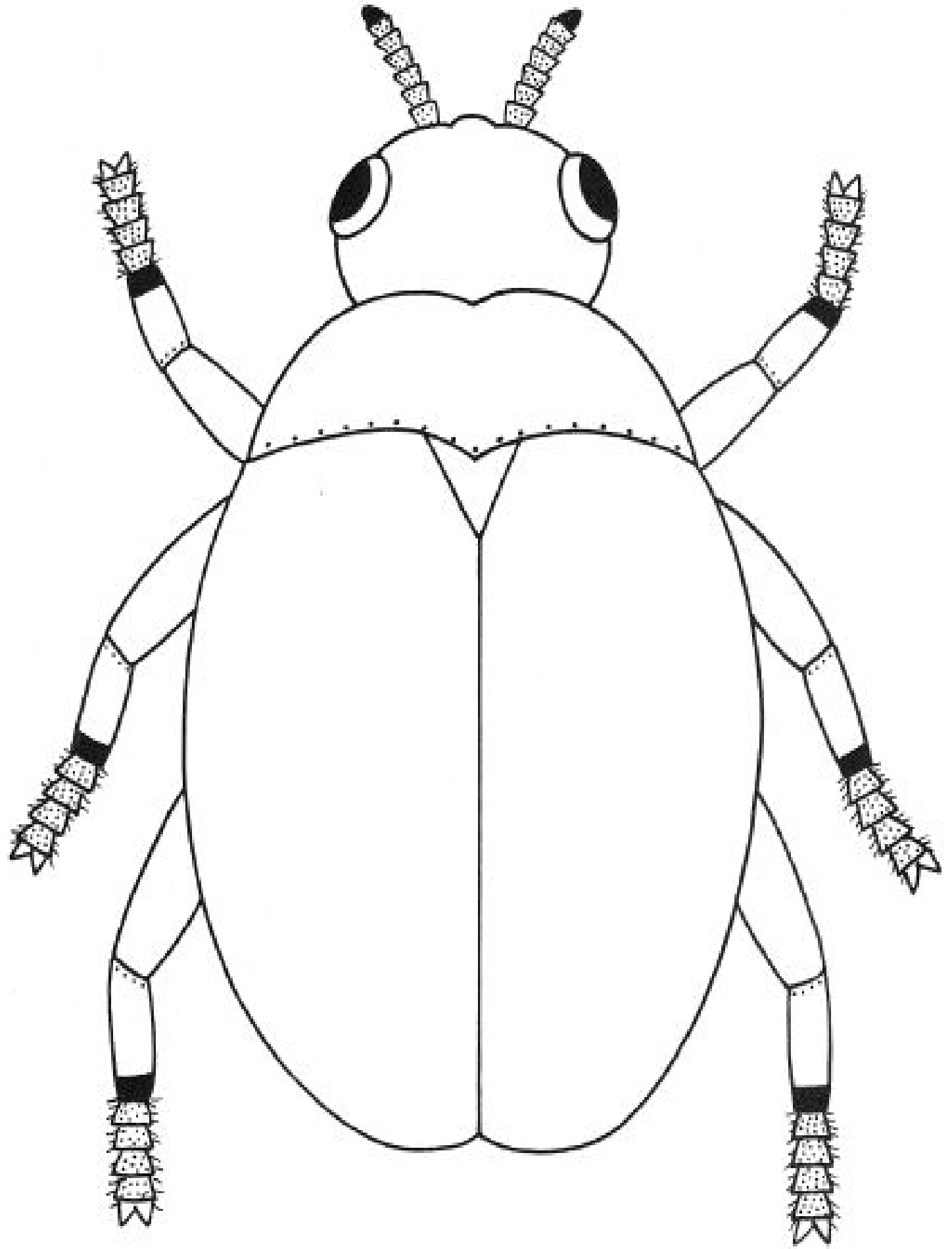


# Colouring Fun

## Christmas Beetle



(Images: Australian Museum)



**For many Australians these big, ornamental-looking beetles are a happy sign of the start of the silly season – but are their numbers dwindling?**

The Australian Museum has developed a Christmas beetle app to encourage us to identify the beetles we see this season and help give them common names. You'll see most species emerge as adults in mid-November to early December, and hang around until Christmas and sometimes into February.

- ◆ If you're struggling to see Christmas beetles around your home this summer, try looking on young sapling eucalypts at the edge of farmland.
- ◆ Identifying a Christmas beetle is easy, thanks to its attractive exoskeleton. Most species will have the characteristic sheen, often in gold and brown hues, although some are vibrant greens and pinks. Males and females are identical in colour, but males have thicker legs and a larger shovel-shaped snout so they can flip over rivals.
- ◆ The life cycle of the Christmas beetle is between one and two years, depending on conditions and species.

**Xmas Beetle  
ID Guide.**

[Australian Museum](#)

