

COMMUNITY SERVICE ANNOUNCEMENT

Date: 30 August 2018

Seizure First Aid Awareness could save lives

One in every 10 people will have a seizure during their lifetime. With this in mind, our aim at Epilepsy Queensland, is for one person in every household to know seizure first aid. Knowing how to identify the different types of seizures and how to provide basic seizure first aid could help save a life.

Throughout the month of September, Epilepsy Queensland holds a statewide awareness and fundraising campaign incorporating "September Sizzle". We will be sharing tips and stories about seizure first aid on Facebook and ask the public to share these vital messages or their own experiences of living with epilepsy or seizures.

We also call on supporters to host their own September Sizzle to raise vital funds to increase awareness and understanding of seizure first aid. It can be as simple as getting a group of friends and family together for a barbecue, holding a morning tea at work or asking a local store whether you can hold a sausage sizzle or stall. Register at www.epilepsyqueensland.com.au/sizzle call 07 3435 5000 or email fundraising@epilepsyqueensland.com.au.

Epilepsy Queensland has a range of resources and training available for work home or school. Download them from our website or order online. www.epilepsyqueensland.com.au/first-aid

Time/Date: 1 - 30 September

Location: Statewide

Photos: Wally Lewis in BBQ gear

MEDIA: If you would like further information or to arrange a photo/interview opportunity please contact Epilepsy Queensland's Communications Manager, Karen Furnivall on 07 3435 5000 / 0402 578 954 / kfurnivall@epilepsyqueensland.com.au.

[Epilepsy Queensland Inc.](http://www.epilepsyqueensland.com.au) was founded in 1969 and provides vital services and support to the 100,000 Queenslanders diagnosed with epilepsy. Through counselling services, guided workshops, and community advocacy Epilepsy Queensland is dedicated to improving the quality of life of people with epilepsy, their carers and families.